



Basic Street Sense

Stay Alert: Be conscious of what, who, is around you.

Be Confident: Don't send out unconscious signals of vulnerability. Avoid the look of being alone, unaware of surroundings, confused or lost, or unaware of what's going on while speaking on a cell phone. Look people directly in the eyes; know basic self defense moves and always have a plan of escape.

Trust Your Instincts: Use your intuition. If something does not "feel right" remove yourself from the situation immediately.

Know the Neighborhood:

Use well-traveled routes; be cautious of strangers in the area.

How To Protect Yourself

On Foot

Don't Take Short Cuts: Stick to well-lit, well traveled streets.

Don't Walk Alone: Walk with spouse, friend or a group.

Don't Flash Cash: Keep money hidden; carry your purse close to your body.

Automated Teller Machines:

Avoid using at night where lighting and visibility to others is poor. Be cautious of other persons approaching you at the ATM.

Be Prepared: Wear comfortable clothing when walking and always have an escape plan.

In The Car

Fill the Tank: Keep your car in good running condition and keep your tank full when travelling to unfamiliar areas.

Lock the Doors: Keep windows up and doors locked when traveling in heavily congested areas with lots of foot and vehicle traffic.

Park in the Light: Always park in a well-lit parking area near a streetlight.

Be Cautious: If followed, don't go directly home or to an isolated area. Go directly to a police station or well-lit, congested store and seek help. Never pick up hitchhikers.

